

Understanding Major World Religions

“Background on East Asia and Buddhism”

Glossary of Terms -- Buddhism

1. **Anatta** -- Concept of no self. No permanent or immortal self such as in Hinduism.
2. **Anicca** -- Change or impermanence found throughout human life.
3. **Arhat** -- Person dedicated to following a discipline of life that leads to Nirvana.
4. **Bodhi** -- Enlightenment. Already mentioned was the Bodhi tree or Bo tree.
5. **Bodhi Sattva** -- Person who reaches enlightenment but who does not pursue Nirvana.
6. **Dharma** -- Duty, law's teaching.
7. **Dukkha** -- Pain or suffering in basic conditions of human life.
8. **Karuna** -- Compassion for other people or creatures.
9. **Natta** -- Similar to the Christian's idea of the end times. These are the last days.
10. **Nirvana** -- Total release, the cessation of the craving life, rebirth. Not clearly defined as in Hinduism.
11. **Tuja** -- dedication to certain gods.
12. **Sanadhi** -- Reaching the highest form of meditation. An unconscious state or trance.
13. **Sanana** -- Concerns wandering, ascetics, hermits, strict follower of Buddha.
14. **Sanara** -- Similar to reincarnation or transmigration. Cycles of rebirth.
15. **Sangha** -- Monks who adhere strictly to Buddha's discipline of life.
16. **Satori** -- Enlightenment.