

Dr. Don E. Galardi
Understanding Major World Religions
Lesson #4 – Notes

Understanding Major World Religions
“Hinduism Continued”

I. Reincarnation

A. Philosophy of Upanishads

1. Major trends

B. First appearance of reincarnation

1. Key insights

C. Karma

D. Nirvana

E. Steps (Paths) to Salvation (Nirvana)

1. Karma yoga

2. Raja yoga

3. Bhakti yoga

4. Jana yoga

II. Gods of Hinduism

A. Possible trinity

1. Brahma

2. Shiva

3. Vishnu

B. Lesser gods

1. Examples

III. Quest for knowledge

A. Atman

B. Rad Hakrishnan

IV. Closing thoughts

A. Hinduism – ever evolving

B. Points of contact