

Insights from Luke

#48: "High Anxiety"
Luke 12:22-34

Luke 12: 22, 31

"²² And He said to His disciples, 'For this reason I say to you, do not worry about your life, as to what you will eat; nor for your body, as to what you will put on.'"

"³¹ But seek His kingdom, and these things will be added to you."

Luke 12:21

"²¹ So is the man who stores up treasure for himself, and is not rich toward God."

Luke 12:22-23

"²² And He said to His disciples, 'For this reason I say to you, do not worry about your life, as to what you will eat; nor for your body, as to what you will put on. ²³ For life is more than food, and the body more than clothing.'"

Westminster Shorter Catechism **Question 1**

Q1: What is man's primary purpose?

A1: Man's primary purpose is to glorify God and to enjoy him forever.

Luke 12:24-26

"²⁴ Consider the ravens, for they neither sow nor reap; they have no storeroom nor barn, and yet God feeds them; how much more valuable you are than the birds! ²⁵ And which of you by worrying can add a single hour to his life's span? ²⁶ If then you cannot do even a very little thing, why do you worry about other matters?"

Said the Robin to the Sparrow,
“I should really like to know
Why these anxious human beings
Rush about and worry so.”

Said the Sparrow to the Robin,
“Friend, I think that it must be
They have no Heavenly Father,
Such as cares for you and me.”

-- Author Unknown

Luke 12:27-28

“²⁷ Consider the lilies, how they grow:
they neither toil nor spin; but I tell you,
not even Solomon in all his glory
clothed himself like one of these. ²⁸
But if God so clothes the grass in the
field, which is alive today and
tomorrow is thrown into the furnace,
how much more will He clothe you?
You men of little faith!”

Luke 12:29-31

“²⁹ And do not seek what you will eat
and what you will drink, and do not
keep worrying. ³⁰ For all these things
the nations of the world eagerly seek;
but your Father knows that you need
these things. ³¹ But seek His
kingdom, and these things will be
added to you.”

Luke 12:32-34

“³² Do not be afraid, little flock, for your
Father has chosen gladly to give you the
kingdom. ³³ Sell your possessions and give
to charity; make yourselves money belts
which do not wear out, an unfailing
treasure in heaven, where no thief comes
near nor moth destroys. ³⁴ For where your
treasure is, there your heart will be also.”

**Jesus' instruction to seek
first the Kingdom is not
grounds for becoming lazy
or not planning for large
expenditures.**

**We should give more and
do so cheerfully, while
investing wisely in the
Kingdom of God.**

**If you are troubled by anxiety,
or other related mental maladies,
never forget the chief remedy
for what ails all of us
– the Word of God!**