

## Sermon Notes

### *There Is No Reason to Turn Back!* *An Exposition of the Book of Hebrews*

#18 – “Milk or Meat – What’s Your Diet Like?” – Hebrews 5:11-6:3

#### I. Introduction

A. Preaching or meddling?

B. The third exhortation

1. Hebrews 2:1

2. Hebrews 3:7-8

3. Hebrews 5:11

4. Parenthetical thought

5:1-10

**5:11-6:20**

7:1-10

C. The text – Hebrews 5:11-6:3

#### II. Exposition

A. Hebrews 5:11-12

1. One of the most sober warnings in the New Testament.

2. Not new converts.

3. “Dull” – NOTHROSE – “No” and “Push”

4. Milky diet leads to ignorance.

5. Survey

6. “Therapeutic moral deism”

a. I Corinthians 3:1-2

B. Hebrews 5:13-14

1. Key vocabulary infants often cannot articulate.

a. Repentance, Justification, Redemption,  
Mercy, Sanctification

C. Hebrews 6:1-3

1. A foundation is needed to build a proper structure.

2. “Repentance from dead works and of faith toward God.”

a. Dead works – Turn from evil deeds – Hebrews 9:13-14

b. Faith toward God – Faith needs to be in His Son

1. Acts 2:38; 11:17-18

3. “Washings and laying on of hands”

a. “Washings” do not mean baptism

b. “Laying on of hands does not mean the apostolic practice

1. Refers to identification with a sacrifice

a. Lev. 1:4; 3:8, 13

2. Identification with Christ – John 6:37; 10:27-30

4. “Resurrection of the dead”

5. “Eternal judgment”

1. Eccl. 12:14; Rom. 8:1; I Cor. 3:12-15

6. “And this we shall do if God permits”

1. Two views

#### III. Points for Reflection

A. We must diligently listen to the author of Hebrews.

1. Heb. 2:1; 3:7-8; 15; 4:1-2. 7

2. Gal. 1:6-7

B. What are the marks of Christian immaturity?

1. Shallow in their understanding

2. No use to the building up of the church

a. No burden to serve

3. Unable to discern truth from error

a. Train your mind – Romans 12:1-2