

There is No Reason to Turn Back!
An Exposition of the Book of Hebrews

13: "Sabbath Rest"
 Hebrews 4:6-11

Hebrews 3:11

“¹¹ AS I SWORE IN MY WRATH,
 ‘THEY SHALL NOT ENTER MY
 REST.’”

Hebrews 4:6-11

“⁶ Therefore, since it remains for some to enter it, and those who formerly had good news preached to them failed to enter because of disobedience, ⁷ He again fixes a certain day, ‘Today,’ saying through David after so long a time just as has been said before, ‘TODAY IF YOU HEAR HIS VOICE, DO NOT HARDEN YOUR HEARTS.’ ⁸ For if Joshua had given them rest, He would not have spoken of another day after that.

⁹ So there remains a Sabbath rest for the people of God. ¹⁰ For the one who has entered His rest has himself also rested from his works, as God did from His. ¹¹ Therefore let us be diligent to enter that rest, so that no one will fall, through following the same example of disobedience.”

Hebrews 4:6

“⁶ Therefore, since it remains for some to enter it, and those who formerly had good news preached to them failed to enter because of disobedience.”

Hebrews 4:7

“⁷ He again fixes a certain day, ‘Today,’ saying through David after so long a time just as has been said before, ‘TODAY IF YOU HEAR HIS VOICE, DO NOT HARDEN YOUR HEARTS.’”

II Corinthians 6:2

“² ...Behold, now is ‘THE ACCEPTABLE TIME,’ behold, now is ‘THE DAY OF SALVATION.’”

Hebrews 4:8

“⁸ For if Joshua had given them rest, He would not have spoken of another day after that.”

Deuteronomy 12:10

“¹⁰ When you cross the Jordan and live in the land which the Lord your God is giving you to inherit, and He gives you rest from all your enemies around you so that you live in security.”

Joshua 22:4

“⁴ And now the Lord your God has given rest to your brothers, as He spoke to them; therefore turn now and go to your tents, to the land of your possession, which Moses the servant of the Lord gave you beyond the Jordan.”

that every day of my life
I rest from my evil ways,
let the Lord work in me through his Spirit,
and so begin already in this life
the eternal Sabbath.

-- *Heidelberg Catechism*, answer 103.

Hebrews 4:9-10

“⁹ So there remains a Sabbath rest for the people of God. ¹⁰ For the one who has entered His rest has himself also rested from his works, as God did from His.”

Revelation 14:13

“¹³ And I heard a voice from heaven, saying, ‘Write, “Blessed are the dead who die in the Lord from now on!”’
‘Yes,’ says the Spirit, ‘so that they may rest from their labors, for their deeds follow with them.’”

Hebrews 4:11

“¹¹ Therefore let us be diligent to enter that rest, so that no one will fall, through following the same example of disobedience.”

Hebrews 4:6,11

“⁶ Therefore, since it remains for some to enter it, and those who formerly had good news preached to them failed to enter because of disobedience.”

“¹¹ Therefore let us be diligent to enter that rest, so that no one will fall, through following the same example of disobedience.”

Philippians 2:2

“² Make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.”

Hebrews 12:4-5

“⁴ You have not yet resisted to the point of shedding blood in your striving against sin; ⁵ and you have forgotten the exhortation which is addressed to you as sons...”

**The opportunity for
God’s rest remains,
but it will not remain
indefinitely.**

Hebrews 4:7

“⁷ He again fixes a certain day,
‘Today,’ saying through David after so
long a time just as has been said
before, ‘TODAY IF YOU HEAR HIS
VOICE, DO NOT HARDEN YOUR
HEARTS.’”

II Corinthians 6:2

“² ... Behold, now is ‘THE
ACCEPTABLE TIME,’ behold, now is
‘THE DAY OF SALVATION.’”

The Sabbath should still be observed.