

## *Sermon Notes -- Themes from Ephesians*

“Practical Injunctions – Part II” – Ephesians 4:26-32

### I. Review

#### A. Grave Clothes.

1. Paul has already told us to act and think differently.

a. Ephesians 4:22-26

#### B. We put on because it has already happened.

1. Colossians 3:9-10

#### C. Today’s text: Ephesians 4:26-32

1. How are we to act as Christians?

### II. Exposition

#### A. Verses 26-27

1. Put off anger

2. A quote from Psalm 4:4

3. Do not let anger fester or swell.

4. Anger left unattended leads to other sins.

5. James 1:15

#### B. Verse 28

1. Put off stealing and work for a living.

2. Limited to the Ten Commandments

a. Exodus 20:15

3. We work so that we may give instead of self-aggrandizement or personal gain. Quite a contrast from the world.

#### C. Verses 29-30

1. Put off unwholesome talk.

2. James’ remarks – James 3:5-6

3. The grief of the Holy Spirit. Do not make him out to be a liar.

#### D. Verses 31-32

1. Bitterness

2. Wrath

3. Anger

4. Clamor

5. Slander

6. Malice

### III. Points for Reflection.

A. So what kind of designer labels do you like on your clothing?

B. Everyone sees what you wear every day!

C. Be content with what you have for then you will not be tempted to steal.

D. Speak graciously to one another.

E. Put off the ways of the world with its bitterness, rage, malice, etc. and be forgiving.